

NICHE + UPSTATE UNIVERSITY HOSPITAL  
REGIONAL GERIATRIC NURSING CONFERENCE

# ACHIEVING OLDER ADULT CARE OBJECTIVES

## HEALTHY PEOPLE 2030



### AGENDA

7:30 am Continental Breakfast

8 - 8:15 am **Welcome/Opening Remarks**  
*Scott Jessie, MSN, RN, NEA-BC*  
CNO, Upstate University Hospital  
*Karen Mack, DNP, MBA, APRN, ACNP-BC*  
Executive Director, NICHE

8:15 - 9:30 am **Keynote**  
**The Power of Centering Older Adults' Goals and Values In Shared Decision-Making and Care Alignment**  
*Melissa Hladek PhD, MSN, BSN, BS, RN, CRNP, FNP-BC*  
Assistant Professor, Johns Hopkins School of Nursing

9:30 - 10:15 am **General Session**  
**Evaluation and Management of Frailty In Older Adults**  
*Sharon A. Brangman, MD, FACP, AGSF* Distinguished Service Professor  
Chair, Department of Geriatrics, Director, Upstate Center of Excellence for Alzheimer's Disease  
SUNY Upstate Medical University

10:15-10:45 am **Break, refreshments available**

10:45-11:30 am **Podium Speaker and Concurrent Sessions** **Better Conversations, Better Care: Advancing Community-based Serious Illness Communication in Dementia Care** *Suzanne S. Sullivan, PhD, MBA, RN, CHPN* Associate Professor College of Nursing, SUNY Upstate Medical University

11:30 -12:30 pm **Lunch and Mentimeter activity**  
*Inna Popil DNP, RN, ACNS-BC, CNE, CN-BN, CCM* Director, NICHE

12:30-1:30 pm **Hospital Trends Presentation and Panel Discussion**  
*Ilona Chepak, MD*  
Associate Division Chief of Operations for Hospital Medicine, Upstate University Hospital  
*Peter Jaskula, BSN, RN, ONC*  
Orthopedic Program Manager  
SUNY Upstate Medical University  
*Brian Pratt, MS, RN, CNS, ACCNS-AG, CCRN*  
Clinical Operations Officer, Upstate

1:30-2:30 pm **Concurrent Podium and Poster Sessions**

2:30-2:45 pm **Break, refreshments available**

2:45-3:15 pm **General Session**  
**Nursing Education and Practice for Age-Friendly Care to Achieve the Healthy People 2030 Objectives**  
*Karen Mack, DNP, MBA, APRN, ACNP-BC*  
Executive Director, NICHE  
*Inna Popil DNP, RN, ACNS-BC, CNE, CN-BN, CCM*  
Director, NICHE

3:15-3:30 pm **Closing Remarks**  
*Kelly Dolan MSN, RN, NE-BC*  
Associate Director of Nursing, Upstate

**Accreditation Information:** NYU Rory Meyers College of Nursing Center for Nursing Continuing Professional Development is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. **Participants must attend the entire program and complete an evaluation to receive 5.75 contact hours for this activity.** None of the nurse planners or speakers involved in this professional development activity have relevant financial relationships with ineligible companies to disclose.

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