

## **Abstract Guidelines**

Below is a sample workflow of the Abstract submission process for the 2020 NICHE Conference. Additional information can be found in the Abstract FAQs.

\*all fields required

# Step 1: Enter the Author's Details

Primary Presenting Author

A selected abstract is allowed to have a maximum of 2-presenting authors. \*Primary Presenting Author: all fields required

First Name:

Last Name:

Degrees / Credentials (e.g. highest degree, RN, credentials/certifications/honors):

Choose your Organization:

Position/Title:

Work Address - Street:

City:

State:

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#### Phone Number:

Email Address:

Although not required, you are encouraged to personalize your abstract submission by uploading your picture, biography, and social media sites.

# Co-Author(s) Information

Additional Co-authors of this content: If co-authors are selected all fields will be required

First Name:

Last Name:

Degrees / Credentials (e.g. highest degree, RN, credentials/certifications/honors):

Choose your Organization:

Position/Title:

Work Address - Street:

City:

State:

Zip Code:

Phone Number:

**Email Address:** 

# Step 2: Enter Your Submission's Details

### \* Category

- Health and Well-being of Older Adults
- NICHE Program Development and Practice Environment
- Safety Across the Continuum
- Technology and Innovations

\*Presentation Type (select all that apply)

- Podium
- Poster
- Roundtable

\*Is this abstract based on a dissertation, capstone project or other student-led research or quality improvement project?

- Yes
- No

\*This presentation is most relevant to which care setting:

- Hospital
- Post-Acute/Long-Term Care

# **Abstract Sample**

\*Submission Title

The Imperative of Evidence-Based Nursing Practice for Pain Management

\*Problem or Major Focus:

Provide a well-defined description that accurately describes your project. Remember to re-read your entry and spell-check the text.

Maple Tree Manor implemented a GRN-led pain management quality improvement project on the subacute unit. The team initially focused on surgical patients and, after refining the approach, focused on all patients on the unit. The success of the project has led to facility-wide implementation.

### \*Introduction

What was the problem that prompted this project? Include baseline data where available (e.g., we had 10 falls per month on a 30-bed unit)

Our facility's performance on the short-stay quality measures for pain (13%) and residents who improved in their ability to move around on their own (57%) was worse than the state and national averages. Additionally, our patient satisfaction surveys documented an opportunity to enhance pain management.

#### \*Methods

What methods were used to improve the problem?

On our subacute nursing unit, we implemented a project to improve pain management and improve mobility. All nurses and CNAs on the unit received the NICHE pain education, and pain management huddles, led by GRNs, were implemented on each shift. GRNs met daily with NPs to discuss pain management concerns.

#### \*Results

Describe your outcomes.

Our short-stay quality measure for pain decreased to 9% and the percent of residents who improved in their ability to move around on their own increased to 66%. Both represent significant improvement in outcomes. Additionally, our patient satisfaction scores related to pain management on the subacute unit improved by 12%.

#### \*Discussion

What are the implications for nursing practice?

Improving nursing staff knowledge regarding evidence-based pain assessment and management and implementing pain-specific communication opportunities can positively impact pain and mobility in patients on a subacute nursing home unit.

\*Learning Objectives: At the end of this presentation, the audience will be able to:

\*1. Name factors that support implementation and ongoing use of EBP in long-term care settings (mandatory)

\*2. Identify resources to support evidence-based pain assessment and management in nursing homes (mandatory)

3. Describe the format of a nursing staff huddle focused on enhancing pain management (optional)

#### Other

Describe funding sources or other outside support and collaboration.

(Optional) None

# Step 3: Complete the Education Planning Table

\*Identified Gap(s)

\*Provide an Outline of the Content

\*Time Frame (approximate time required for content

\*List the evidence-based references used for developing this educational activity

## **Step 4: Review Terms and Conditions**

## **Terms and Conditions**

Continuing education contact hours will be awarded for eligible sessions over the 4-day conference. Continuing education contact hours will be provided by the NYU Rory Meyers College of Nursing Center for Continuing Education in Nursing (CCEN). The CCEN is an accredited provider of continuing nursing education by the American Nurses' Credentialing Center's Commission on Accreditation. ANCC Provider Number: P0367

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I accept.

Click the "Submit" button to finalize the submission process. You can edit and update any submitted abstracts up until the deadline of July 21, 2020, 11:59 PM EST.

Any abstract that is in draft-mode beyond the abstract deadline will not be considered in the review process.

Questions? Email NICHE at conference@nicheprogram.org.